



NORTH STAR REALIZE ACADEMY

MASTERING ENGLISH GRAMMAR

**THE PRESENT SIMPLE -
ROUTINES & HABITS**

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Learning Objectives:

By the end of the lesson, students will be able to:

- form affirmative sentences in the present simple.



What is the Present Simple?

The present simple is a verb tense used to describe habits & routines



Daily Routine

I wake up at 7 a.m. every day, but I **do not** wake up early on the weekend.



Daily Routine

I get up quickly, but I don't get up early when I'm tired



Daily Routine

I brush my teeth after breakfast, but I don't brush them before eating.

I do. I brush.

I do not do. I do not brush.



Daily Routine

I get dressed for work, but I don't wear formal clothes at home.



Daily Routine

I **comb** my hair, but I **don't use** any hair gel.



Daily Routine

I **make** coffee every day, but I **don't** drink it at night.



Daily Routine

I go to work by bus, but
I don't go by car.



Daily Routine

I check my emails, but I don't answer all of them immediately.



1- THE PRESENT SIMPLE - AFFIRMATIVE FORM

The Affirmative Form: (Subject + Verb)

I wake up at 7:00 a.m. every morning.

Subject-Verb Agreement:

Add (s) when the subject is in the Third-Person Singular.

Examples:

- She goes shopping every Thursday.
- She exercises every morning before work.

The Present Simple – Third-Person Singular Rules

Rule 1: Add -s (Most Verbs)

work → works

play → plays

read → reads

swim → swims

sell → sells

Rule 2: Add -es (Verbs Ending in -s, -sh, -ch, -x, -o)

pass → passes

wash → washes

teach → teaches

fix → fixes

go → goes

Rule 3: Change -y to -ies (Consonant + y)

study → studies

try → tries

carry → carries

cry → cries

fly → flies

Rule 4: Add-s (Vowel + y)

play → plays

stay → stays

enjoy → enjoys

buy → buys

say → says

delay → delays

Exercise:

Instructions: Complete the paragraph with the correct form of the verb in parentheses.

John **wakes** up at 6:30 AM. He **brushes** (brush) his teeth, then **goes** (go) to work. John **works** (work) from 9:00 AM to 5:00 PM. At lunch, he **eats** (eat) a sandwich. In the evening, he **exercises** (exercise) and **has** (have) dinner. After dinner, he **watches** (watch) TV and **reads** (read) before bed. He **goes** (go) to bed at 11:00 PM.



EXERCISE 1

Instruction: Fill in the blanks with the correct verb form in the present simple (**Affirmative Form**).

1. He (eat) breakfast at 7:00 a.m. every day.
2. They (play) football on weekends.
3. I (read) books before bed.
4. My brother (study) at the library every afternoon.
5. The train (leave) at 6:30 p.m.

EXERCISE 1 - ANSWERS

Instruction: Fill in the blanks with the correct verb form in the present simple (**Affirmative Form**).

1. Heeat^s..... (eat) breakfast at 7:00 a.m. every day.
2. They ...play..... (play) football on weekends.
3. Iread... (read) books before bed.
4. My brotherstudi^{es}..... (study) at the library every afternoon.
5. The trainleave^s..... (leave) at 6:30 p.m.

2- THE PRESENT SIMPLE - NEGATIVE FORM

The Negative Form: (Subject + **doesn't/ don't** + Verb)
I **do not like** swimming.

Subject-Verb Agreement:

- Add (**does not/ doesn't**) when the subject is **singular**.
 - Add (**do not/ don't**) when the subject is **plural**.
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- **They** exercise every morning before work.
 - They **don't exercise** before work.

EXERCISE 2

Instruction: Fill in the blanks with the correct verb form in the present simple (**Negative Form**).

1. He **does not eat** (eat) breakfast at 7:00 a.m. every day.
2. They **do not play** (play) football at weekends.
3. I (read) books before bed.
4. My brother (study) at the library every afternoon.
5. The train (leave) at 6:30 p.m.

EXERCISE 2 - ANSWERS

Instruction: Fill in the blanks with the correct verb form in the present simple (Negative Form).

1. He **does not eat** (eat) breakfast at 7:00 a.m. every day.
2. They **do not play** (play) football at weekends.
3. I **do not read** (read) books before bed.
4. My brother **does not study** (study) at the library every afternoon.
5. The train **does not leave** (leave) at 6:30 p.m.